

**TARHEEL DIVING ASSOCIATION
RULES AND GUIDELINES
2008**

I. MEETS

- A. Meets will be held as the schedule indicates.
- B. The usual starting time is 6:00 p.m., Thursday, for dual meets. Teams may adjust times for tri-meets as they see fit.
- C. Pools are not required to be closed to the club's general membership for the dive meets.
- D. Weather
 - 1. Home pool TDA representative, along with their pool manager, will be responsible for decisions regarding weather and its effects on the meet.
 - 2. Meets may be held in the rain but NOT in thunder and lightening.
 - 3. Rain date is on or before the weekend following the canceled meet. If the meet is held on the weekend, the pool is not required to be closed. The make-up meet must be held prior to the following Tuesday.
 - 4. If a meet is called due to weather after the 13-14 girls competition is completed, the meet is declared over and the winner is declared based on points awarded. If the meet is called before the 13-14 girls are completed, competition will resume on the rain date from the position at which the meet was called.
 - 5. The Meet Director will make any weather decisions for the TDA Championship meet.
- E. Meets may not be delayed for more than 30 minutes under any circumstances (weather, late arrival, etc.).
- F. Diving Facilities

1. The diving board for a meet will be approximately 1 meter.
2. TDA requires a diving facility with a minimum diving well depth of nine feet.
3. Diving teams with diving well depths of less than nine feet will be required to make arrangements to provide their own facilities to host home meets unless an exception is approved by a majority of TDA Reps.

II. EVENTS

A. Order of Events

1. Girls compete first in each age group.
2. Age Groups
 - a. Events will be conducted in order of age group, youngest first.
 - b. Divers will dive in the age group of their age as of June 1st.
 - c. Age groups for competition will be:
 - 1) 8 and under
 - 2) 9 and 10
 - 3) 11 and 12
 - 4) 13 and 14
 - 5) 15 thru 18
 - d. Divers may compete in older, but never younger age groups.
Divers may age up in meets at the discretion of their coach.
 - e. Any one diver may dive in only one age group at any given meet.
3. The visiting team provides the first diver in each age group. Then the home team and visiting team alternate divers for the rest of the age group set.

B. Warm-ups

1. A general warm-up period will be allowed prior to each meet. The home team will warm up from 5:00 – 5:30 p.m.; the visiting team will warm-up from 5:30 – 6:00 p.m. In tri meets, warm ups will begin at 4:30 p.m. The diving well will be closed at the start of warm ups to the patrons of the pool.
2. Additional approach warm-ups will be allowed for each team member in a group or age groups as agreed upon by the TDA Reps and coaches. This additional warm-up will take place prior to the start of competition for that group but not to exceed 10 minutes.

C. Individual Diver's Program

1. Divers will perform four dives, one required and three optional.
2. Coaches will turn into the recorder one dive sheet for each diver by 5:45 on the day of the meet. The dive sheets must contain the following information, clearly written:
 - a. team name
 - b. diver's first and last name
 - c. boy/girl
 - d. age group
 - e. dive number or name, and position of dive
3. One dive on each diver's program will be the required dive of a Front Dive. The front dive must be performed as one of the first three dives on the diver's program, to ensure that the dive is performed (see II C 9, below). This dive may be performed in the position selected by the diver and the appropriate DD assigned.
4. Each diver's program must contain dives from at least two dive groups (front, back, reverse, inward or twist). **For the TDA Championship meet, each diver's program must contain dives from at least three dive groups; except for the 8 and under age group who may dive from only 2 groups.**

5. A dive cannot be repeated in a different position
6. A diver who is only able to perform three dives will be allowed in the meet only with the approval of their coach and will be considered to be diving on an Exhibition level only. However, a front jump or a back jump may be used in lieu of other dives and shall be assigned a degree of difficulty of 0.8. (Note - does not apply to 8 and under.)
7. A diver is allowed to change one and only one dive per meet as follows:
 - a. The diver will request this change while he/she is on the board during the meet. The diver will speak directly to the announcer. The announcer will announce the new dive and D.D.
 - b. If the new dive has a higher D.D. than the original dive, the original D.D. will be applied. If the new dive has a lower D.D. than the original dive, the lower D.D. will be applied. **No diver may increase his or her D.D. when changing a dive.**
8. If only one team has divers in an age group, the dives must take place for the team to be awarded points. However, the coaches and TDA Reps may agree to have each diver perform only 3 dives.
9. If an age group has more than 10 divers in an event during a dual meet, those divers will only perform their first 3 dives as listed on their dive sheet. No change in the order of dives will be allowed. Those divers before the meet who were only diving Exhibition will still be considered Exhibition even though the event was reduced to three (3) dives. **This rule does NOT apply to the TDA Championship Meet.**
10. No team may have more than 10 divers in any one event per meet. Coaches should plan accordingly.
11. Boys and girls 8 and under will be limited to 3 dives, one of which must be a Front Dive.

G. TDA Championship Meet

1. The TDA Championship meet will be held the week preceding the TSA swim meet if possible.
2. Rules for the TDA Championship meet will be the same as for all regular dual meets except **all divers 9 & up must have dives from three dive groups.**
3. It is recommended that the TDA Championship meet be rotated annually among member teams with a suitable facility; i.e., an adjustable board and adequate spectator facilities.
4. A diver must have competed in at least 2 regular dual/tri meets in order to compete in the TDA Championship. (Exhibition divers at dual/tri meets will count as participation in a dual meet.) The TDA Meet Director will confirm with the TDA Secretary that all entered divers have met the minimum meet requirement.
5. Medals and team points will be awarded to the top 10 finishers in each age group by gender. Ribbons will be awarded to divers who finish 11th place and on. Team trophies will also be awarded.
6. The TDA Meet Director for the TDA Championship Meet will be on a rotating basis of all clubs participating in the Tarheel Diving Association. The Meet Director will be responsible for ensuring all meet guidelines are met. They will have the final say in any disputes.
7. Dive sheets (2 sheets for each diver) for 8 & under and 9-10 age groups must be in to the TDA Meet Director no later than Tuesday before the meet. Dive sheets (2 sheets for each diver) for 11 & up must be in to the TDA Meet Director no later than Thursday before the meet. Failure to provide sheets on time will result in a \$1.00 fine per diver. Fees for the TDA Championship meet will be \$5.00 or the designated amount set by the TDA Board, per diver and must accompany the dive sheets.
8. Only 3 divers per age group and gender who meet the meet requirements will be allowed per team.
9. Each team participating in the TDA Championship must supply table workers so that the table worker responsibilities are equally shared

among the participating teams. The following table workers are required for the TDA Championship meet:

- Announcer – 1
- Recorder – 2
- Slash & Add – 2
- DD & Totaler - 2
- Runner/Checker – 2
- Awards – 2

Each team is required to provide at least 1 judge, and **it is recommended that the team head coach judge the event**. The TDA Championship meet requires at least 5 judges of which one judge may also be the referee. If more than 5 teams are currently participating in the Tarheel Diving Association, the amount of judges may be increased to 7.

10. Any team not providing the required amount of table workers/judges, upon the discretion of the Meet Director, will forfeit their teams' participation in this event.
11. Each team will be assigned a 20 minute warm-up time prior to the start of the day's events. Warm-up times will be assigned to teams based on a random draw by the TDA Meet Director. Fifteen minute warm-up sessions will also be held prior to the start of each age group competition.
12. Awards will be given after each age group dives and before the next age group begins. This includes the Most Points Award.

III. JUDGING

A. Assignment of Officials

1. The home team will furnish two judges and 1 referee, who also serves as a judge; the judges must be 18 years of age or older.
2. The visiting team will furnish two judges.

3. Both judges and referees must have attended a current season's judges' training clinic.
 4. Current U.S. Diving Association guidelines for technical aspects in judging a dive will be used.
 5. Inability to provide the required number of currently trained judges and/or referee may have the following results:
 - a. The team, which cannot provide the official, forfeits the right to provide the judge to the opposite team.
 - b. If five currently trained judges are not available, the referee may serve as both a judge and referee.
 - c. If both teams together cannot provide the required number of judges, the number of judges for the meet will be reduced.
 6. A judge or referee may step out of a certain age group if a currently trained replacement is available.
- B. A meeting of all judges, referees and TDA Reps will be held at 5:45 p.m. on the day of the meet to go over the rules or anticipated problems. Each official will be informed of his/her own area of responsibility and is to limit his/her activity to that area. Home team presides at such meetings.
- C. Judging will be based on applicable diving rules and guidelines applied in a consistent manner. All officials before the start of the meet must agree upon any exceptions.
- D. Referee
1. The referee is responsible for observing the dive for technical correctness:
 - a. When the referee observes an infraction during the dive, he will instruct the judges "... (specific infraction)... has occurred. Please judge accordingly."

- b. The referee's observations are to be used as guidelines by the judges. Each judge should score each dive, as he feels is appropriate in most cases (see #2 below).
2. If an incorrect (failed) dive is performed, the referee will announce an incorrect dive and a score of zero will be given for that dive. No judge will be allowed to submit a score other than zero.
3. Repeating the Dive
 - a. The referee may permit a diver to repeat his/her dive if the referee feels it is warranted because of an unusual occurrence disturbing the diver during his/her dive.
 - b. The diver must go directly to the referee to request a repeat without discussion with his coach.
 - c. The referee may offer the option for the diver to repeat the dive if he/she feels it is warranted.
 - d. The decision of the referee is final.
4. In the event that a diver receives the help of their coach, verbally or physically, while on the board, the referee will instruct the judges to give the diver a score of no higher than 2.
5. In the event of a balk, **judges will score the dive as if the balk did not occur**. The referee will announce to the announcer that a balk has been declared. The announcer will subtract 2 points from each judge's score as it is read.
6. If a child falls off the board, the dive will be considered an incomplete dive. Those divers' in the 8 and under group will be given the option to repeat the dive, **but no score will be given**.

IV. SCORING

A. Individual Scores

1. The five judges will individually decide the score for a dive.

- a. The high and low scores will be dropped.
- b. The three remaining scores will be added together.
- c. The total will be multiplied by the appropriate degree of difficulty for that dive.
- d. The scores of each diver's four dives will be added together to get the individual diver's "total dive points".
- e. Degree of difficulty will be used from U.S. Diving Association Rules and Handbook. The exception is for front jump and back jumps that will receive a D.D. of 0.8.

B. The Scoring Table

1. All spectators and divers must stay away from the scoring table unless receiving a ribbon. This also applies to siblings and table worker's children.
2. The home team will furnish the announcer and half the people (each team supplies 3 workers) needed to work the scoring table during dual meets.
3. The visiting team will furnish the remaining scorers.
4. Table workers shall be 14 years-of-age or older.
5. Responsibilities
 - a. Prior to the meet:
 - 1) The recorder will group divers' sheets for both teams by boy/girl age group. Within each boy/girl age group, the recorder will place divers' sheets in alternating order: visiting team, then home team, in the order provided by the coaches. The sheets will then be numbered and given to the announcer.

- 2) The announcer will announce the officials and any ground rules which are applicable to that facility.

b. During the meet:

- 1) Announcer

- a) The announcer will announce each dive, giving the following information:
 - Diver's name
 - Dive
 - Position
 - Degree of Difficulty
- b) He will pass the sheet to the recorder
- c) After the dive has taken place, the announcer will say, "Judges, scores please."
- d) He will announce the scores for that dive.
- e) The team scores will be announced at the conclusion of the meet.

- 2) Table Workers Jobs

- a) The recorder records each judge's score for the dive.
- b) First scorer ("Slash/Add") crosses out the high and low scores and totals the three remaining scores.
- c) Second scorer ("DD and Totaler") multiplies that total by appropriate degree of difficulty and adds the diver's total for the current dive to the previous total.
- d) Third scorer ("Runner/Checker") checks all math and returns the sheet either to the announcer or hands it to the person doing ribbons.
- e) Awards: This person collates the dive sheets (separated by age group and gender) in order from highest score to lowest score, writes the place finish on each diver's sheet, writes the appropriate ribbons for the divers, and fills out the ribbon sheet (**including Exhibition divers**), which is where the team scores are tallied. The results from each age group are then recorded onto the results form and tallied to determine team scores.

C. In the event of insufficient table workers are available; the position of recorder and first scorer, and the positions of second and third scorers may be combined.

D. Team Scores

1. Their total dive points will rank the divers within each age group (grouped by age and sex).

Team points will be awarded to the top six places in each age group for dual meets as follows:

- a. 1st place – 10 points
- b. 2nd place – 7 points
- c. 3rd place – 5 points
- d. 4th place – 3 points
- e. 5th place – 2 points
- f. 6th place – 1 point

In the event of a tie, the higher place will be announced twice and the lower place will be eliminated. The points for the higher place + the lower place will be split between the teams.

E. Awards will be furnished by the home team

1. Ribbons for the first six places in each age group as follows:
 - a. 1st – Blue
 - b. 2nd – Red
 - c. 3rd – White
 - d. 4th – Yellow
 - e. 5th – Green
 - f. 6th – Pink
2. Honorable mention ribbons will be furnished to all other divers 10 and under. These ribbons will be light blue and marked “Honorable Mention”.

F. Team points will be awarded for the TDA Championship meet as follows:

- a. 1st place – 15 points
- b. 2nd place – 13 points
- c. 3rd place – 11 points
- d. 4th place – 9 points
- e. 5th place – 7 points
- f. 6th place – 5 points
- g. 7th place – 4 points
- h. 8th place – 3 points
- i. 9th place – 2 points
- j. 10th place – 1 point

F. At TDAs, a ‘Most Points Award’ will be given to the boy and girl in each age group who has attended at least 4 dive meets, and has the most points in their age group (as determined by the top 3 meets for each diver).

G. The TDA Board as per Section IV. F will provide awards for the TDA Championship Meet.

V. MISCELLANEOUS

A. Fees

Team fees (>20 divers) - \$100 per season, payable by April 15.
 Team fees (<= 20 divers) - \$5 per diver per season, payable by June 1.
 TDA Championship Meet - \$7 per diver, payable 1 week prior to the meet. \$2 of each entry fee will be provided to the host team.

B. TDA Reps

1. Each team must have a TDA Rep to serve on the TDA Board.
 - a. The positions on the TDA Board will be assigned on a rotating basis, as follows:

	President	Vice President	Secretary	Treasurer	TDA Meet Dir.
2007	WV	PW	NH	NB	SHRC
2008	SHRC	WV	PW	NH	NB
2009	NB	SHRC	WV	PW	NH
2010	NH	NB	SHRC	WV	PW
2011	PW	NH	NB	SHRC	WV

b. The responsibilities of the Board positions are as follows:

President – Responsible for scheduling spring board meeting, publishing the TDA Dive Meet schedule, and scheduling the Judging Clinics.

Vice President – Assist the President, provide updates to the TDA Rules and Guidelines document.

Secretary - Responsible for tracking divers' scores throughout the season in order to determine the Most Points Award and to confirm eligibility for TDAs.

Treasurer – Responsible for collecting team dues and TDA Championship entry fees, and for providing facilities fee to TDA Championship host team. Responsible for placing ribbon, TDA Trophy, and Most Points Award orders.

TDA Meet Director – Responsible for all aspects of the TDA Meet, including: ensuring that dive sheets and entry fees are turned in on time, confirming eligibility of divers to compete, submitting TDA entry fees to Treasurer, ensuring all TDA guidelines are met during the meet, and resolving any disputes that arise.

2. The TDA Rep or their representative must be present at their meet.
3. Each TDA Rep is responsible for ensuring that the proper amount of table workers, judges, referees, etc. from their team is available for each meet.
4. Upon retiring, the TDA Rep is responsible for providing the TDA Board with the name and telephone of the new representative and transferring any information and materials.

C. Coaches

1. Diving meets are for the divers. There should be no protest, bitterness, or unsportsman-like conduct.

2. If a diver is doing something illegal, inform him of this.
3. All divers must remain in the designated area when not diving.
4. Coaches must have control of their divers at all times.
5. Coaches are responsible for ensuring that all dive sheets are filled out correctly and handed in on time.
6. Coaches cannot serve as officials without approval of the TDA Reps.

D. Parents and Spectators

1. Unsportsman-like conduct during the meets will not be tolerated. Such disturbances could warrant removal from the diving area.
2. Adverse conduct on the part of spectators could lead to the team being removed from the league.
3. If a situation gets out of hand, a meeting of TDA Reps and the referee will be held and a joint decision will be made as to how to handle the situation.
4. Alcoholic beverages are prohibited on the pool grounds during the meet. Alcohol is not to be consumed or brought to the meet by any spectators, officials, TDA Reps, etc.

E. Team Membership

1. A diver may dive for only one club in the Tarheel Diving Association during the season.
2. Participation in the first meet decides membership for the season.
3. If the diver has individual and family memberships at two different clubs, he/she may choose the club for which to dive during the season.

F. Clinics

1. TDA officials to train judges and referees will conduct clinics each season.
2. A person must have attended one of these clinics during a current season to be allowed to judge or referee.
3. Attendance of TDA Reps and **coaches** is required.